

# Looking after your young person's health into Adulthood

## Parents - Did you know?

GPs offer Annual Health Checks (AHC) for Young People with Learning Disabilities (LD) aged 14 years and above.

Your child may already receive care from Paediatricians or Specialist Nurses but it is important for your GP to get to know your child to support their health needs and make sure the transition from children's to adult services is a smooth one. Check out the link below on the MK Local Offer for useful information and resources

[Looking after your health | Milton Keynes City Council \(mksendlocaloffer.co.uk\)](https://www.mklocaloffer.co.uk)

