



# Autism In Teens Parent Programme

Session	Date (Wednesdays)	Time	Location	Title
1	22.01.25	1:30 – 2:30	On Teams	Understanding Autism in Teenagers
2	29.01.25	1:30 – 2:30	On Teams	Transitions and Autistic Teenagers
3	05.02.25	1:30 – 2:30	On Teams	Independence and Autistic Teenagers
4	12.02.25	1:00 – 2:30	<b>In person</b>	Relationships and Autistic Teenagers
5	26.02.25	1:30 – 2:30	On Teams	Obsessions/Special interests/gaming
6	05.03.25	1:00– 2:30	On Teams	Puberty and Autistic Teenagers
7	12.03.25	1:00 – 2:30	<b>In person</b>	In Person Get Together

Five of the sessions will be on Microsoft Teams and two will be in person (venue TBC), you do not have to attend all sessions – once the invites have been sent out, just choose which sessions you would like to attend. For further information please see the link on

<https://www.mksendlocaloffer.co.uk/programmes-and-workshops/parent-and-carer-programmes>

To book your place please email us on [SENDsupport@milton-keynes.gov.uk](mailto:SENDsupport@milton-keynes.gov.uk) stating that you would like to attend the Autism In Teens parent programme.

**MK** Milton Keynes  
City Council