World Mental Health Day 2024
Lunch & Learn Webinar

10th October

Online

12:00pm - 13:00pm

£ **Free**

Join us and learn how to:

·Identify common workplace mental health difficulties

·How to communicate with a person experiencing mental health difficulties

·How to create a mentally healthier work environment.

·Learn about tools and practical tips which support mental health in the workplace.

Book through our automated booking system

CLICK HERE

On booking completion you will receive a joining invite directly into your email in-box to the address you provided on booking.

It's Time to Prioritise Mental Health in the Workplace!

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