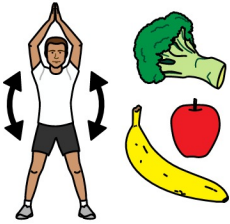


I'm going to have a Vaccine Injection



It is important to be healthy. There are things we can do to stay healthy.



Some things I can do to stay healthy. I can eat healthy food and exercise.



Other things the adults help me with.



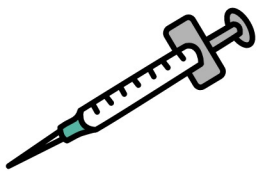
safe place to sleep



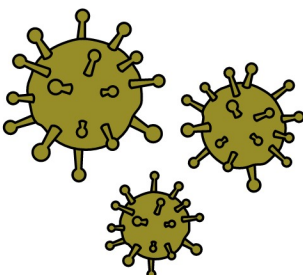
hot water to stay clean



give me medicine

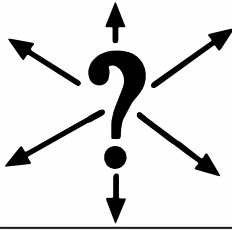


Sometimes to keep us healthy and other people safe we need an injection called a vaccine.

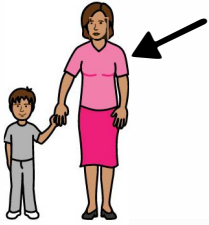


I might have heard about a new vaccine on TV.

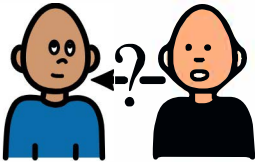
This vaccine is protecting people from Coronavirus germs.



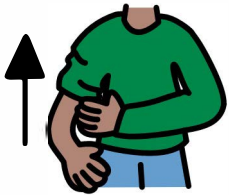
Sometimes I get an injection at school.
Sometimes I might get an injection at the
doctors' or hospital.



[Parent/carer] will take me for my
Coronavirus vaccine injection.



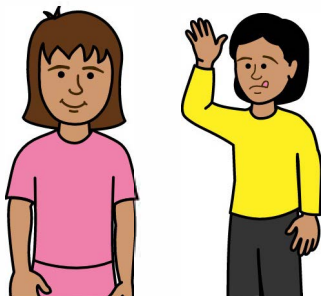
The nurse will ask [Parent/carer] some
questions.



I will sit down and roll up my sleeve so the
nurse can see my upper arm.



The injection will go into my arm for 3-4
seconds.
It might hurt a little bit.



I will try to sit still.
My [parent/carer] might try to distract
me by talking, counting or let me
watch something I like.



Then it will be finished.
The nurse and my [parent/carer] will say
Well Done!



After the injection my arm might hurt a little
bit.
It is OK. My arm will feel better.



The Nurse will ask me to wait for 15
minutes after my injection to check I feel
OK.

Don't forget your
COVID-19 vaccination



Make sure you keep this record
card in your purse or wallet

For more information on the
COVID-19 vaccination or what
to do after your vaccination,
see www.nhs.uk/covidvaccine

COVID-19 immunisation
Protect yourself.



A nurse will give me a card to say I've
had the injection.



Then I can go home.



Sometimes to stay healthy and keep people
safe we need to have an injection.



My [parent/carer/family] will be happy I was
brave and had the injection.