



Milton Keynes
Social Communication Difficulties/Autism
Directory of Services and Support 2023/24



Acknowledgements

This booklet has been co-produced by members of the MKCC Autism strategy group which includes PACA MK (parent carer forum) MKSENDIAS, Milton Keynes City Council SEND Teams and CNWL NHS.



Welcome to the MK's Social Communication Difficulties/Autism Directory of Services and Support Directory for 2022/23. You will find here useful information about Autism, Autism Spectrum Conditions (ASC) and Social Communication Difficulties (SCD) for children and young people aged 0-25. The directory has a list of service providers, schools, specialist schools, further education (post 16) as well as information about leisure activities and clubs.


As of June 2023, the information in this directory is up to date; the document will be updated annually via the Local Offer pages.

By sharing this information, we are not endorsing or quality checking any events or activities, and parent/carer/families remain responsible for their own research. Some providers operate a waiting list or their venues have a maximum capacity - we recommend contacting providers directly.

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 = Autism specific service/support

 = Autism friendly service/support

Further advice:

Email SENDSsupport@milton-keynes.gov.uk

MK SEND Local Offer www.milton-keynes.gov.uk/MKSEND

MK SEND Local Offer Facebook www.facebook.com/MKSEND

For any questions you may have about your child, we advise you speak to your child's Setting or School SENCo. You may also wish to contact **MKC SEND Support Line on 01908 657825**



Feedback on the directory




We take your feedback about this directory seriously, please use this QR code:






or this link <https://forms.office.com/e/6J1Gkv86JB> to offer your feedback, alternatively please go to: SENDSsupport@milton-keynes.gov.uk thank you in advance.




Parent Programmes





Title	Age	Areas covered during the parent programmes are:	How to book a place <i>(If emailing please state which programme you would like to take part in)</i>
Autism in the Early Years 	This programme is designed for parents and carers who have a child aged 2-5 with autism or social communication needs.	<ul style="list-style-type: none"> • What is autism? • Supporting communication • Developing play and learning • Understanding and supporting behaviour 	Email: SENDsupport@milton-keynes.gov.uk
Autism and Social Communication Needs in the Primary Age 	This Autism and Social Communication Needs in the Primary Age has been developed with a range of professionals to support parents and carers of children and young people aged 5 - 11, who have Autism, or who present with Social Communication Needs.	It is delivered through a number of pre-recorded video sessions, along with 4 follow-up, live Question and Answer sessions, using Microsoft Teams. Videos: <ul style="list-style-type: none"> • Introduction to ASC and SCD • Understanding sensory processing needs and strategies • Strategies to support sleeping and toileting • Supporting Communication - • Using visuals to support understanding • Understanding and Managing Anxiety • Supporting Siblings and Encouraging Socialising • Behaviours of Concern - • Services and Support Question and Answer Sessions: <ul style="list-style-type: none"> • What is Autism and sensory issues? • Communication, toileting and sleep • Anxiety and behaviours that challenge. • Support services: PACA, SENDIAS and MKCarers 	Website link for videos: https://www.milton-keynes.gov.uk/schools-and-lifelong-learning/SEND/send-resources/video-resources Email: SENDsupport@milton-keynes.gov.uk




<p>Autism in teenagers</p> 	<p>Autism in teenagers is a parent and carer programme to support with young people aged 10 -18 with Autism or social communication needs.</p>	<p>The programme consists of five sessions followed by an in person get together with the opportunity to ask Specialist Teachers questions and meet other parents and carers.</p> <p>The sessions:</p> <ul style="list-style-type: none"> • Understanding Autism in Teenagers • Transitions • Relationships • Independence • Puberty • In person get together 	<p>Email: SENDSupport@milton-keynes.gov.uk</p>
<p>Emotionally Based School Avoidance (EBSA) Parent and carer workshop</p> 	<p>This workshop aims to support parents and carers of school-age children and young people whose experience of anxious thoughts and feelings is leading to school avoidance. These difficulties are often referred to as Emotionally Based School Avoidance (EBSA).</p>	<p>Objectives of the course:</p> <p>This workshop will focus on supporting parents and carers of children and young people of school-age living in Milton Keynes:</p> <ul style="list-style-type: none"> • learn more about what can contribute to a child or young person experiencing high levels of worry and anxiety about attending school and how this can lead to school avoidance • learn about strategies which can support a return to school • learn about current Milton Keynes Council guidance and local services for further support • explore the importance of self-care when supporting a child or young person experiencing EBSA 	<p>Email: SENDSupport@milton-keynes.gov.uk</p>
<p>Speech and Language Therapy offer</p> 	<p>The Speech and Language Therapy Team offers two highly successful programmes for parents to help their children's communication development</p>	<p>'It Takes Two to Talk', for parents of children with speech and language difficulties</p> <p>'More Than Words', for parents of children with social interaction and communication difficulties</p>	<p>It Takes Two to Talk Program.pdf (cnwl.nhs.uk)</p> <p>The Hanen More Than Words parent course.pdf (cnwl.nhs.uk)</p> <p>Phone: 01908 725299</p>



Health



Health			
Service Provider (Alphabetical order)	Description	Cost	Suitable for:
<p>Beat Eating Disorders</p> <p>Beat Eating Disorders Website: www.beateatingdisorders.org.uk/</p> 	<p>Beat provides helplines, online support and a network of UK-wide self-help groups to help adults and young people in the UK to beat their eating disorders. These are available to families living in Milton Keynes</p> <p>Beat provides helplines, online support and a network of UK-wide self-help groups to help adults and young people in the UK to beat their eating disorders.</p>	Free	Secondary KS3/4 ✓ Post 16 ✓ Up to 25 ✓
<p>Child and Adolescent Mental Health Services (CAMHS)</p> <p>Phone: 01908 724544 The referral line is available Monday to Friday 9.00am to 5.00pm on 01908 725372 Email: Mkspcamhs.cnwl@nhs.net</p> <p>Website: www.cnwl.nhs.uk/camhs</p> 	<p>The Child and Adolescent Mental Health Service (CAMHS) provides assessments, support and treatment for children and young people up to the age of 18 experiencing moderate to severe mental health problems. This includes Depression, Self-harm, anxiety disorders (including phobias), Obsession/compulsion, Tic disorders, Attention deficit hyperactivity disorder (ADHD), Eating disorders, Family relationship problems, Trauma, including post-traumatic stress disorder (PTSD) and Psychosis</p> <p>A referral can be made into CAMHS by another professional e.g.GP, Health Visitor, Teacher or the young person can self-refer by contacting our Single Point of Access (SPA) Team on 01908 724228 or by emailing cnw-tr.mkspcamhsspa@nhs.net</p>	Free	Primary ✓ Secondary KS3/4 ✓ Post 16 ✓ Up to 25 ✓
<p>Community Paediatrics</p> <p>Phone: 01908 724800</p> <p>Email: cnw-tr.community.paediatrics@nhs.net</p> <p>Website: https://www.cnwl.nhs.uk/services/mental-health-services/learning-disability/milton-keynes-community-paediatric-team</p> 	<p>Community paediatricians are specialist children's doctors with training and expertise in developmental paediatrics and disability. The service is offered to children aged up to 16, or up to 19 if the child attends a special school. Children must also be registered with a Milton Keynes general practitioner (GP)</p> <p>They are a team of specialist nurses and paediatricians that work as part of a multidisciplinary team to provide diagnostic services for Autism in MK</p>	Free	Early Years ✓ Primary ✓ Secondary KS3/4 ✓ Post 16 ✓




<p>Contenance service</p>  <p>Referrals: Through the health visitor for 0-5 year olds and the school nurse for 5 – 19 year olds.</p> <p>https://www.mkchildrenshealth.cnwl.nhs.uk/school-readiness/</p> <p>The Contenance Service for over 18s. Milton Keynes Contenance Team :: Central and North West London NHS Foundation Trust (cnwl.nhs.uk)</p>	<p>Contenance support for 0-18 years. If you have concerns about your child , please contact your Health Visitor for the 0-5 years or School Nurse 5-19 years. They will be able to explore any daytime or night time wetting issues and independent toileting difficulties and provide advice and support. If the Health Visitor or School Nurse feels this is longer term difficulty due to complex needs, they will be able to make a referral to a specialist service (Complex Needs Nursing Team) for the provision of incontinence products. In the first instance, contact your Health visitor or School Nurse on the link below. This also has informative advice and resources from ERIC, a children’s continence and bowel charity: School readiness, getting ready for school, is your child ready for school Milton Keynes Childrens Health (cnwl.nhs.uk)</p>	Free	Primary ✓ Secondary KS3/4 ✓ Post 16 ✓ Post 18 ✓
<p>Eating Disorders</p> <p>Phone: Single Point of Access (SPA) Team on 01908 724228</p> <p>Email: cnw-tr.mkspcamhsspa@nhs.net</p> 	<p>The Milton Keynes Eating Disorder Service is provided by the Lifespan Eating Disorder Service and is accessed via a referral to the CAMHS SPA referral line. Referrals can be made by another professional e.g.GP, Health Visitor, Teacher or the young person can self-refer.</p> <p>Once the referral is received, it will be reviewed by the SPA team and shared with the Lifespan Eating Disorder team who will be in contact to triage and review.</p>	Free	Primary KS1/2 ✓ Secondary KS3/4 ✓ Post 16 ✓ Up to 25 ✓
<p>Health Services in Milton Keynes</p> <p>Website link for further information: https://www.mksendlocaloffer.co.uk/health-conditions-and-disabilities/your-health-services</p> 	<p>Information on the health services available in Milton Keynes to support children and young people aged 0 - 25 years, each area provides a summary of the service, alongside details of support and advice and contact details. Information and links to</p> <ul style="list-style-type: none"> • Audiology • Children’s Physiotherapy • Community Paediatrician • Complex Needs Nursing Team • Contenance Service • Dietitian • Speech and Language • Occupational Therapy • Ophthalmology 	Free	Early Years ✓ Primary KS1/2 ✓ Secondary KS3/4 ✓ Post 16 ✓ Up to 25 ✓





	<ul style="list-style-type: none"> Specialist Dental Services <p>Websites, advice and help sheets can be found on the individual health websites.</p>		
<p>Mental Health and Wellbeing Hub</p> <p>Website link for further information: https://www.mksendlocaloffer.co.uk/health-conditions-and-disabilities/mental-health-and-wellbeing-hub</p> 	<p>Offers support and resources on</p> <ul style="list-style-type: none"> Mental Health Eating Disorders Self-Harm LGBTQI+ Bereavement 	Free	Primary ✓ Secondary ✓ KS3/4 ✓ Post 16 ✓ Up to 25 ✓
<p>MindBLMK</p> <p>Website: https://www.mind-blmk.org.uk/how-we-can-help/milton-keynes/</p> 	<p>In Milton Keynes, MindMK have a central Wellbeing Centre (based on Midsummer Boulevard) where they offer peer support and a bereavement by suicide support service. They also have a Community Garden project at York House in Stony Stratford and work across the community to promote better mental health and wellbeing.</p>	Free	Secondary KS3/4 ✓ Post 16 ✓ Up to 25 ✓
<p>Occupational Therapy Service for children</p> <p>Website: https://www.cnwl.nhs.uk/services/community-services/milton-keynes-children-and-young-peoples-occupational-therapy-team</p> 	<p>The Occupational Therapy Service support children and young people (CYP) who have significant difficulties with everyday functional skills due to a physical, motor or sensory-based need that impacts on their independence and ability to participate in everyday activities. OT support with:</p> <ul style="list-style-type: none"> Specialist Equipment and adaptations Managing everyday living skills (toileting, feeding, dressing) fine motor coordination difficulties <p>The website has resources and advice on Sensory needs</p>	Free	Early Years ✓ Primary KS1/2 ✓ Secondary KS3/4 ✓ Post 16 ✓
<p>Paediatric Dietetics service</p> <p>Phone: 01908 996 004</p> <p>Website: https://www.mkuh.nhs.uk/nutrition-and-dietetics-department/paediatrics</p> 	<p>The Paediatric Dietetics service specialise in the nutritional care, assessment and treatment, provide dietary advice for a range of areas including:</p> <ul style="list-style-type: none"> Food allergy Faltering growth Neonatal nutrition Cystic Fibrosis Diabetes Eating disorders/ restrictive food intake Supporting alternative feeding methods 	Free	Early Years ✓ Primary KS1/2 ✓ Secondary KS3/4 ✓ Post 16 ✓ Up to 25 ✓



<p>Reflect (a free text support service)</p> <p>To start a conversation, anyone can text (please don't WhatsApp!) the word reflect (upper or lower case) to 85258. The service is free, anonymous and does not show up on phone bills.</p> 	<p>Reflect is a free, confidential and 24/7 text support service for anyone in the UK who needs advice or help. It is delivered by trained volunteers and clinicians who are available around the clock to listen and support anyone who is feeling anxious, lonely, overwhelmed or not quite themselves. It is part of the wider network of Shout services across the UK.</p> <p>How does reflect work?</p> <p>After sending the first message, texters receive four automated text messages before being connected to a trained volunteer. There is an aim to connect young people in greatest need within five minutes all others in 30 mins. At busy times it can take longer.</p> <p>Reflect is specifically for young people across Bedfordshire, Luton and Milton Keynes. The service is delivered in partnership with Shout.</p>	<p>Free</p>	<p>Secondary KS3/4 ✓ Post 16 ✓ Up to 25 ✓</p>
<p>Self-Harm Support</p> <p>Website link for further information: www.mksendlocaloffer.co.uk/health-conditions-and-disabilities/mental-health-and-wellbeing/self-harm</p> 	<p>Advice, contacts and resources for parents and young people experiencing self-harm.</p>	<p>Free</p>	<p>Primary KS1/2 ✓ Secondary KS3/4 ✓ Post 16 ✓ Up to 25 ✓</p>
<p>Specialist Dental Services</p> <p>Your usual dentist will need to refer your child to this service</p> <p>Phone: 01908 724677</p> <p>Website: https://www.cnwl.nhs.uk/services/community-services/community-dental/buckinghamshire-priority-dental-service</p> 	<p>Buckinghamshire Priority Dental Service (BPDS) provides a specialist assessment and treatment service for those adults and children who have learning disabilities, complex and unstable medical needs or severe anxiety and behavioural needs.</p> <p>The website also has an oral health guide for parents.</p>	<p>Free</p>	<p>Early Years ✓ Primary KS1/2 ✓ Secondary KS3/4 ✓ Post 16 ✓ Up to 25 ✓</p>

<p>Speech and Language Therapy service</p> <p>Phone: 01908 725299</p> <p>Website: Milton Keynes Children's Speech and Language Therapy Services :: Central and North West London NHS Foundation Trust (cnwl.nhs.uk)</p> 	<p>See the SLT website for advice and resources that support communication and interaction.</p>	<p>Free</p>	<p>Early Years ✓ Primary ✓ KS1/2 ✓ Secondary KS3/4 ✓ Post 16 ✓</p>
<p>Teen Sleep Hub</p> <p>Website: www.teensleephub.org.uk</p> 	<p>Support to help teenagers understand sleep, their sleep patterns and get better sleep.</p>	<p>Free</p>	<p>Secondary KS3/4 ✓ Post 16 ✓ Up to 25 ✓</p>

Education			
Service Provider (Alphabetical order)	Description		Suitable for:
<p>BBC Bitesize</p> <p>Website: www.bbc.co.uk/bitesize</p> 	<p>Website to support learning through interactive resources</p>	<p>Free</p>	<p>Early Years ✓ Primary KS1/2 ✓ Secondary KS3/4 ✓ Post 16 ✓</p>
<p>Education, Health and Care Plans (EHCPs)</p> <p>SEND Team phone: 01908 657825 SEND Support Line: Monday-Friday 9.30am to 3.30pm</p> <p>Email: SENDSupport@milton-keynes.gov.uk</p> <p>Location: Civic, 1 Saxon Gate East, Milton Keynes MK9 3EJ</p> 	<p>Some children, with more complex or long term needs that are impacting on their ability to access learning and develop independence, may require an Education, Health and Care Plan (EHCP).</p> <p>Information about EHCPs, how to apply and how they are reviewed to make sure your child is supported in the most appropriate way.</p>	<p>n/a</p>	<p>Early Years ✓ Primary KS1/2 ✓ Secondary KS3/4 ✓ Post 16 ✓</p>
<p>Free School Meals</p> <p>Website links for further information: https://www.milton-keynes.gov.uk/schools-</p>	<p>Contact child's school for how to apply.</p>	<p>You must be in receipt of certain benefits</p>	<p>Primary KS1/2 ✓ Secondary KS3/4 ✓</p>



<p>and-lifelong-learning/information-parents/free-school-meals</p> <p>https://www.gov.uk/apply-free-school-meals/milton-keynes</p> 		<p>to be eligible for free school meals for your child/children – please see link for more details.</p>	
<p>Future Wolverton/The Old School Café in Wolverton</p> <p>Phone: 0783 2959205</p> <p>Email: Rachel@futurewolverton.org</p> 	<p>EHCP funded places to offer weekly work experience at The Old School café and guest house.</p>	<p>Funded through EHCP</p>	<p>Secondary KS3/4 ✓ Post 16 ✓ Up to 25 ✓</p>
<p>Home Education</p> <p>Website for further links: https://www.milton-keynes.gov.uk/schools-and-lifelong-learning/information-schools/home-education-schools</p> 	<p>Information on MKCC Home education Policy and how to register for home education.</p>	<p>Free</p>	<p>Early Years ✓ Primary KS1/2 ✓ Secondary KS3/4 ✓ Post 16 ✓</p>
<p>Home to School Transport</p> <p>Website for further links: https://www.milton-keynes.gov.uk/schools-and-lifelong-learning/information-parents/home-school-transport</p> 	<p>Information about who is eligible for free home to school transport and how to apply.</p>	<p>Criteria applies</p>	<p>Primary KS1/2 ✓ Secondary KS3/4 ✓ Post 16 ✓ Up to 25 (with EHCP) ✓</p>
<p>LEANS (Learning About Neurodiversity at School) project</p> <p>Website: www.salvesen-research.ed.ac.uk/leans</p> 	<p>LEANS is a free, downloadable programme for mainstream primary schools. It introduces pupils aged 8-11 to the concept of neurodiversity and help them explore how it impacts school experiences.</p>	<p>Free</p>	<p>Primary KS2 ✓</p>
<p>MK Christian Foundation</p>			







<p>Phone: 01908 311112</p> <p>Email: admin@mkchristianfoundation.co.uk</p> <p>Website: https://mkchristianfoundation.co.uk/</p> 	<p>The Christian Foundation offers an alternative to school or college.</p>	<p>Free</p>	<p>Post 16 ✓ Up to 25 (with EHCP) ✓</p>
<p>Open University – Free courses</p> <p>Website: www.open.edu/openlearn/free-courses</p> 	<p>Produced by The Open University, a world leader in open and distance learning, all OpenLearn courses are free to study. There are nearly 1000 free courses across the following different subject areas:</p> <ul style="list-style-type: none"> • History and the Arts • Languages • Money and Business • Nature and Environment • Science, Maths and Technology • Society, Politics and law • Digital and Computing 	<p>Free</p>	<p>Secondary KS3/4 ✓ (from 13yrs) Post 16 ✓</p>
<p>School Admissions</p> <p>Phone: 01908 253338</p> <p>Emails: primaryadmissions@milton-keynes.gov.uk secondaryadmissions@milton-keynes.gov.uk</p> <p>Website:https://www.milton-keynes.gov.uk/schools-and-lifelong-learning/school-admissions Website: https://www.milton-keynes.gov.uk/schools-and-lifelong-learning/school-admissions</p> 	<p>Information on applying for a school place in Milton Keynes:</p> <ul style="list-style-type: none"> • Starting primary or junior school • Starting secondary school • In year admissions • Waiting lists for schools • School admission appeals • Admission arrangements 	<p>Free</p>	<p>Primary (starting school for first time) KS1/2 ✓ Secondary KS3/4 ✓</p>
<p>Schools in Milton Keynes Directory</p> <p>Website: https://www.mksendlocaloffer.co.uk/education-and-send/schools-and-settings-send-information</p> 	<p>A list of schools in Milton Keynes Primary Schools Secondary Schools Maintained Nurseries</p>	<p>Free</p>	<p>Primary KS1/2 ✓ Secondary KS3/4 ✓ Post 16 ✓ Up to 25 (with EHCP) ✓</p>
<p>Special schools</p>	<p>A list of special schools and schools with specialist departments and links to their websites</p>	<p>Free</p>	<p>Primary KS1/2 ✓</p>





<p>Website: https://www.mksendlocaloffer.co.uk/education-and-send/specialist-education</p> 			Secondary KS3/4 ✓ Post 16 ✓ Up to 25 (with EHCP) ✓
<p>Transitioning resources</p> <p>Website: https://www.milton-keynes.gov.uk/schools-and-lifelong-learning/SEND/send-resources/transitioning-resources</p> <p>SEND Support Line for further information: 01908 657 825</p> 	<p>A selection of resources to support children and young people transitioning between schools and key stages.</p> <p>Transitions can be an anxious time for parents and their child or young person, in order to support with transition, parents', educational staff and any other relevant professionals involved with the child or young person should work together to ensure that the correct support is provided.</p>	Free	Early Years ✓ Primary KS1/2 ✓ Secondary KS3/4 ✓ Post 16 ✓






Social and Leisure






Please also visit the SEND Directory on the Local Offer, which can be found at [SEND directory information | Milton Keynes City Council \(mksendlocaloffer.co.uk\)](https://www.mksendlocaloffer.co.uk)



Service Provider (Alphabetical order)	Description	Cost	Suitable for:
<p>1st Bedfordshire Inclusive Girlguiding Unit</p> <p>Email: specialneeds@bedsguiding.org.uk</p> 	<p>The South Bedfordshire Division now has an Additional Needs Girlguiding Unit - but you don't have to live in South Bedfordshire, you can live anywhere to join us!</p> <p>The unit is for girls aged 5 to 14 who may not be able to attend the usual weekly meetings, but still want to experience the opportunities that Girlguiding has to offer.</p>	Contact for details	Primary KS1/2 ✓ Secondary KS3 ✓
<p>BOBiCats football</p> <p>Phone: Berks and Bucks FA 01235 558450</p> <p>Email: Development@berks-BucksFA.com</p> 	Provides young children with disabilities with the opportunity to play football (4-8 years)	Contact for details	Early Years (from 4) ✓ Primary KS1 ✓
<p>Butterflies Sessions For children with additional needs</p> <p>Phone: 01908 217135</p>	Available to all families across MK who children have additional needs.	Free	Early Years ✓ Primary KS1/2 ✓ Secondary KS3/4 ✓

<p>Location: Tickford Meadow Children's Centre, Newport Pagnell</p> 			<p>Post 16 ✓ Up to 25 (with EHCP) ✓</p>
<p>Climb Quest Autism Friendly Sessions</p> <p>Websites: https://climbquest.co.uk/climb-with-us/send-sessions https://spectrum.org.uk/spectrum-sessions/</p> 	<p>On the 1st Sunday of each month, Climb Quest run a special session for those climbers with special educational needs. SPECTRUM Working with Spectrum, to hold one session a month for their members.</p>	<p>£11 a session</p>	<p>Early Years ✓ Primary KS1/2 ✓ Secondary KS3/4 ✓ Post 16 ✓</p>
<p>Disability Cricket Sessions</p> <p>Phone 07825 338087</p> <p>Email samina.mehrab@buckscc.org</p> 	<p>Disability Cricket Sessions - Super1's Cricket sessions for ages 12-25 Bletchley leisure centre, Fridays 5pm – 6pm, please contact before attending first session.</p>	<p>Free</p>	<p>Secondary KS3/4 ✓ Post 16 ✓ Up to 25 ✓</p>
<p>Disability Snowsport UK</p> <p>Website: https://www.disabilitysnowsport.org.uk/</p> 	<p>DSUK caters for all types of disabilities from who can stand to those in wheelchairs. They have the equipment and specially trained instructors to handle all disabilities and ages.</p>	<p>Contact for details</p>	<p>Early Years ✓ Primary KS1/2 ✓ Secondary KS3/4 ✓ Post 16 ✓ Up to 25 ✓</p>
<p>Elite Dance and Theatre Arts – SEN Sessions</p> <p>Phone: 07973 379009</p> <p>Email: elitedancetheatrearts@gmail.com</p> <p>Location: Monkston Community Centre</p> 	<p>Elite Dance & Theatre Tuition offer a wide range of dance and theatre classes.</p>	<p>Contact for details</p>	<p>Early Years ✓ Primary KS1/2 ✓ Secondary KS3/4 ✓ Post 16 ✓</p>
<p>Gravity SEND Session</p> <p>Website: https://www.gravity-uk.com/xscape-milton-keynes/activities/sen-sessions</p> <p>Meeting days: Thursdays 4:30 – 5:30 Sunday 9:00am -10:00am</p> 	<p>Trampolining has been shown to help with a wide range of sensory, developmental and physical issues. In our Reduced Sound & Light sessions, Gravity offers a dedicated yet fun environment for any bouncers who wish to join us in a calmer, quieter environment</p>	<p>£5 a session £3 for socks</p>	<p>Early Years ✓ Primary KS1/2 ✓ Secondary KS3/4 ✓ Post 16 ✓</p>



<p>Groovy Gecko Club Night</p> <p>Phone: 01908 318285</p> <p>Email: info@interactionmk.org.uk</p> <p>The Slug and Lettuce, 1 Savoy Crescent, Theatre District, Milton Keynes, MK9 3PU</p> 	<p>Nightclub for adults with learning difficulties and/or learning difficulties on first Tuesday of every month, based at the Slug and Lettuce, Milton Keynes. 7pm – 9:30pm</p>	<p>Members: £5 Non-Members: £7 Carers: £3 Tickets available at the door</p>	<p>Post 18 ✓</p>
<p>Inclusive tennis</p> <p>Website: http://www.mkinclusivetennis.co.uk/</p> <p>Website: https://clubspark.lta.org.uk/mkit</p> <p>Locations: Olney Tennis Club Newport Pagnell Tennis Club</p> 	<p>Delivering tennis to those who would normally find it difficult to access the sport.</p>	<p>Contact for details</p>	<p>Primary KS1/2 ✓ Secondary KS3/4 ✓ Post 16 ✓ Up to 25 ✓</p>
<p>Milton Keynes Disabilities Gymnastics</p> <p>Website: http://www.miltonkeynesgymnastics.co.uk/gymnastics/disabilities Website: https://miltonkeynesgymnastics.co.uk/sessions/</p> <p>Email: Reception@mkgym.co.uk</p> <p>Location: Kingston</p> <p>Meeting days: Saturdays 5:25pm -6:30pm</p> 	<p>Gymnastics club open to all.</p>	<p>Contact for details</p>	<p>Early Years ✓ Primary KS1/2 ✓ Secondary KS3/4 ✓ Post 16 ✓</p>
<p>MK Dons Disability Football</p> <p>Phone: 07741313279</p> <p>Website: http://www.mkdonsset.com/</p> <p>Email: Kelly.day@mkdonsset.com</p> <p>Location: Woughton on The Green</p> 	<p>Disability football for all ages</p>	<p>£5 a session</p>	<p>Early Years ✓ Primary KS1/2 ✓ Secondary KS3/4 ✓ Post 16 ✓ Up to 25 ✓</p>
<p>Milton Keynes Springers SEND Sessions</p>	<p>An inclusive gymnastic club, offering activities for all ages and abilities.</p>	<p>£34.50 a month</p>	<p>Primary KS1/2 ✓ Secondary KS3 (up to 13) ✓</p>





<p>Website: https://mkspringers.com/club-sessions/club-sessions-milton-keynes/</p> <p>Meeting days: Tuesdays at 5pm</p> 	<p>The Special Educational Needs and Disabilities class runs throughout the year, these classes have a lower gymnast to coach ratio.</p>	<p>Club membership fee £25 annually</p>	
<p>MK Gallery Inclusive/accessible events</p> <p>Phone: 01908 676 900</p> <p>Email: info@mkgallery.org</p> <p>Website:https://mkgallery.org/whatson/?event-descriptor=accessible-events</p> 	<p>Relaxed cinema viewings, SEND Exhibition Tours and Family Workshops</p>	<p>Contact for details</p>	<p>Early Years ✓ Primary KS1/2 ✓ Secondary KS3/4 ✓ Post 16 ✓</p>
<p>Neil's Swim School4ALL</p> <p>Phone: 07427 240156</p> <p>Email: Tazm2001@icloud.com</p> <p>Location: Freedom Leisure, Willen Lake</p> 	<p>Specialist Swimming Lessons for children with Autism or SEND</p>	<p>Contact for details</p>	<p>Early Years ✓ Primary KS1/2 ✓ Secondary KS3/4 ✓ Post 16 ✓</p>
<p>SEND Family Swimming</p> <p>Email: Lesley.byrne@slatedrow.com</p> <p>Location: Middleton Pool, Newport Pagnell</p> 	<p>Swimming sessions for families with SEND.</p>	<p>Contact for details</p>	<p>Early Years ✓ Primary KS1/2 ✓ Secondary KS3/4 ✓ Post 16 ✓</p>
<p>Sensory Rooms at MKCC Children and Family Centres</p> <p>Website with contact details: https://www.milton-keynes.gov.uk/children-s-centres</p> <p>Contact individual centres for availability and booking information</p> 	<p>Sensory rooms are available for families to use</p>	<p>Contact for details</p>	<p>Early Years ✓ Primary KS1/2 ✓ Secondary KS3/4 ✓ Post 16 ✓</p>

<p>Service Six Spectrum Youth Club/cafe</p> <p>Phone: 01933 277520</p> <p>Email: www.servicesix.co.uk</p> 	<p>Youth Club – for young people aged 11+ with SEND (Thursdays 4pm – 5pm) Youth Café – For young people aged 16+ with SEND (Tuesday 5:15pm – 6:15 pm)</p>	<p>Contact for details</p>	<p>Secondary KS3/4 ✓ Post 16 ✓ Up to 25 ✓</p>
<p>Short Break Vouchers and how to apply</p> <p>Website for further links: https://www.mksendlocaloffer.co.uk/education-health-and-care-plans-ehcps/short-breaks</p> 	<p>Short Breaks enable children and young people with EHCPs to try something different and make new friends while having time away from their primary carers. They are also an opportunity for carers to take some time out</p>	<p>Free for families with CYP with EHCP</p>	<p>Early Years ✓ Primary KS1/2 ✓ Secondary KS3/4 ✓ Post 16 ✓</p>
<p>Splash and Play SEN Sessions</p> <p>Website: https://www.willenlake.org.uk/activities/off-the-water/splash-n-play/sen-sessions</p> <p>Location: Willen Lake</p> 	<p>Splash 'n' Play is one of the UK's largest outdoor splash parks with over 60 unique water features, SEN sessions are in a less crowded environment.</p>	<p>£6 a child</p>	<p>Early Years ✓ Primary KS1/2 ✓ Secondary KS3/4 ✓ Post 16 ✓</p>
<p>TeenSpace</p> <p>Email: Teenspace8@gmail.com</p> <p>Meeting day: Fridays 7:00 – 8:30</p> 	<p>A board game club run by parents of secondary age teenagers (13-16) who have been diagnosed with autism. A parent must be present at all times</p>	<p>£5 a person per session</p>	<p>KS3/4 ✓ Ages 13 - 16</p>
<p>The Games Café</p> <p>Email: Roz.mascahenhas@milton-keynes.gov.uk</p> <p>Location: MK Gallery Cafe</p> 	<p>Refreshments and games are provided Fridays, once a month</p>	<p>Contacts for details</p>	<p>Secondary KS3/4 ✓ Post 16 ✓ 12-18 year olds</p>
<p>What's the drama Ltd.</p> <p>Phone: 07759 531392</p> <p>Email: Whatsthedrama@hotmail.com</p> <p>Website: http://www.whatsthedrama.com http://www.whatsthedrama.com</p>	<p>What's the drama is a service for adults with both physical and learning disabilities. It aims to provide a space where people can pursue their interest in theatre, performance, dance or singing.</p>	<p>Contact for details</p>	<p>18+ ✓</p>




			
<p>Youth Starz</p> <p>Phone: 07850 916600 (Youth Starz Project Manager Katie Marsh)</p> <p>Website: http://servicesix.co.uk/youth-starz-project.html Website: https://www.servicesix.co.uk/</p>	<p>Youth Starz is a new and exciting project for Children and Young people aged 4-19 years. The project offers activities including sport, music, dance and life skills including cooking.</p>	<p>Contact for details</p>	<p>Early Years ✓ Primary KS1/2 ✓ Secondary KS3/4 ✓ Post 16 ✓</p>
			






Work and Volunteering


Work and Volunteering			
Service Provider (Alphabetical order)	Description (AS/AF)	Cost	Suitable for:
<p>BASE UK</p> <p>Website: https://www.base-uk.org/home</p> 	<p>The British Association for Supported Employment (BASE) the national trade association for the supported employment sector. Their purpose is to support, promote and develop the principles and provision of supported employment.</p>	Free	<p>Post 16 ✓ Up to 25 ✓</p>
<p>Community employment service (CES)</p> <p>Phone: 01908 252323</p> <p>Email: nep@milton-keynes.gov.uk</p> <p>Website: https://www.milton-keynes.gov.uk/schools-and-lifelong-learning/CLMK/community-employment-service-ces</p> 	<p>A free employability support service designed to help Milton Keynes residents into work. Each service offers you practical help and advice with the steps towards finding work, guidance with identifying skills and potential work options and information about local job vacancies and training opportunities</p>	Free	<p>Post 16 up to 25 ✓</p>
<p>Community Learning MK 16-19 Team</p>	<p>We offer a free and confidential service for young people in Milton Keynes aged 16-19 (up to 25 for care leavers and young people who have special educational needs and or a disability)</p>	Free	<p>Post 16 ✓ Up to 25 ✓</p>

<p>Young People’s Careers Information, Advice and Guidance</p> <p>Phone: 01908 254410</p> <p>Website: https://www.milton-keynes.gov.uk/schools-and-lifelong-learning/CLMK/16-19-team-support-and-resources</p> 	<p>who are not in education, employment, or training. Our aim is to support young people to understand the options open to them in order that they can make realistic and informed choices. We offer impartial advice on:</p> <ul style="list-style-type: none"> • Career Pathways • Education and Training Courses • Traineeships and Apprenticeships • Help with looking and applying for jobs • CV writing and employability skills 		
<p>Employability Talkback</p> <p>Email: employability@talkback-uk.com</p> <p>Website: www.talkback-uk.com</p> <p>Website: www.talkback-uk.com</p> 	<p>Talkback offers a wide range of employment programmes that caters for all ages and abilities.</p>	<p>Free</p>	<p>Post 16 ✓ Up to 25 ✓</p>
<p>Supported internships and job coaching</p> <p>Phone: 01908 657825 SEND Support Line: Monday-Friday 9.30am to 3.30pm</p> <p>Email: SENDSupport@milton-keynes.gov.uk</p> <p>Website: https://www.milton-keynes.gov.uk/schools-and-lifelong-learning/SEND/support-young-people/work-and-training</p> 	<p>Supported internships are structured study programmes based primarily at a workplace. They enable young people aged 16-24 with SEND to achieve sustainable, paid employment by equipping them with the skills they need for work through learning in the workplace.</p>	<p>Free</p>	<p>Post 16 up to 25 ✓</p>
<p>The Prince’s Trust</p> <p>Website: www.princes-trust.org.uk</p> 	<p>The Prince’s Trust believes that every young person should have the chance to succeed, no matter what their background or the challenges they are facing. They support those from disadvantaged communities and those facing the greatest adversity by supporting them to build the confidence and skills to live, learn and earn.</p> <p>The courses offered by The Trust help young people aged 11-30 to develop</p>	<p>FREE</p>	<p>Secondary KS3/4 ✓ Post 16 ✓</p>




	essential life skills, get ready for work and access job opportunities.		
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Independent living / Achieving Independence			
Service Provider (Alphabetical order)	Description	Cost	Suitable for:
Barclays Life Skills Website: www.barclayslifeskills.com Website: www.barclayslifeskills.com 	LifeSkills offers a range of free tools, tips and interactive resources to help young people to recognise and develop their skills. They aim to help build confidence and boost employability covering the following areas: <ul style="list-style-type: none"> • Build a job-hunting toolbox • Identify skills • Gain experience 	Free	Secondary KS3/4 ✓ Post 16 ✓ Up to 25 ✓
Community Learning MK Website: https://www.milton-keynes.gov.uk/schools-and-lifelong-learning/CLMK 	Information about adult education, youth advice, music education and employment support. <ul style="list-style-type: none"> • Adult education • Music hub • 16-19 Team • Supported Employment MK • Community Employment Service 	Contact for details	Up to 25 ✓ (From 19 years)
Living Independently Phone: SEND Team contact information 01908 657825 SEND Support Line: Monday-Friday 9.30am to 3.30pm Email: SENDSupport@milton-keynes.gov.uk Website to further links: https://www.milton-keynes.gov.uk/schools-and-lifelong-learning/SEND/support-young-people/living-independently 	Information about living independently, choosing where to live and how to pay for your home as well as other useful tips. <ul style="list-style-type: none"> • Types of housing • Who do you want to live with? • Cooking /food hygiene • Looking after your home • Paying • Managing your money 	Free	Post 16 ✓ Up to 25 ✓





<p>MacIntyre</p> <p>Website: https://www.macintyrecharity.org/</p> 	<p>MacIntyre provide learning, support and care for young people and adults who have a learning disability and / or autism</p>	<p>Free</p>	<p>Post 18 ✓ Up to 25 ✓</p>
<p>Managing your money</p> <p>Website to further links: https://www.milton-keynes.gov.uk/schools-and-lifelong-learning/SEND/support-young-people/managing-your-money</p> 	<p>Information about how to get money and how to pay your bills safely.</p> <ul style="list-style-type: none"> • Wages • Disability Living Allowance (DLA) • Personal Independence Payment (PIP) • Employment Support Allowance (ESA) • Personal Budgets • Paying your bills 	<p>Free</p>	<p>Post 16 ✓ Up to 25 ✓</p>
<p>MK Snap</p> <p>Website: https://mksnap.org/</p> 	<p>MK SNAP provides a leading programme of education, life skills, work preparation and opportunities for work to adults aged 18+ with learning disabilities, giving them the skills to realise their potential.</p>	<p>Contact for details</p>	<p>Post 18 ✓ Up to 25 ✓</p>
<p>Self-care café</p> <p>Phone: 07586543551</p> <p>Email: Jayne.hobbs@milton-keynes.gov.uk</p> <p>Location: Christ the Cornerstone Church</p> 	<p>Every Wednesday 11-12 For young people aged 16-19 (25 with an EHCP) who are not in education or work and are currently looking to take time for self-care and build on their confidence.</p>	<p>Free</p>	<p>Post 16 ✓ Up to 25 ✓</p>
<p>Skills4Success Autism Beds</p> <p>Email: ebony.willis@autismbeds.org</p> <p>Website: https://www.autismbedfordshire.net/support-for-children/skills4success</p> 	<p>This is a project for 16-19 year olds with lower support needs and provides a variety of bespoke skills courses to support learning and development alongside social opportunities within the community.</p> <p>Most of the skills courses will run for approximately 6 weeks and follow a planned scheme of work. Typical courses include cookery, money management, travel training, pre-employment and volunteering</p>	<p>Contact for details</p>	<p>Post 16 ✓ (Up to 19 years)</p>
<p>Well-being and life skills course</p> <p>Phone: 07586543551</p>	<p>A 5 week course for young people aged 16-19 (25 with an EHCP) which support young person's well-being, build confidence and upskill them in</p>	<p>Free</p>	<p>Post 16 ✓ Up to 25 ✓</p>




<p>Email: Jayne.hobbs@milton-keynes.gov.uk</p> <p>Location: Christ the Cornerstone Church</p> 	<p>preparation for employment, education or training.</p>		
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Support and Advice

Service Provider (Alphabetical order)	Description	Cost:	Suitable for:
<p>Ambitious about Autism</p> <p>Phone: 020 8815 5444</p> <p>E-mail: info@ambitiousaboutautism.org.uk</p> <p>Website: www.ambitiousaboutautism.org.uk</p> 	<p>For autistic children and young people, their parents and carers</p> <p>Ambitious about Autism is the national charity standing with autistic children and young people. The charity's vision is a future where every autistic child and young person can be themselves and realise their ambitions.</p>	Free	Early Years ✓ Primary KS1/2 ✓ Secondary KS3/4 ✓ Post 16 ✓ Up to 25 ✓
<p>Autism Bedfordshire (also covers MK)</p> <p>Email: enquiries@autismbeds.org</p> <p>Website: https://www.autismbedfordshire.net/</p> 	<p>Autism Bedfordshire's services help break down the barriers to social participation for autistic people and their families by providing places where they can go and feel comfortable, accepted and not judged by society.</p>	Free (some activities cost)	Early Years ✓ Primary KS1/2 ✓ Secondary KS3/4 ✓ Post 16 ✓ Up to 25 ✓
<p>Autism Early Support (formerly known as Puzzle Centre)</p> <p>Website: https://autismearlysupport.org.uk/</p> 	<p>Specialists in early intervention for children with autism or communication difficulties, working with families and practitioners across the UK to offer structured assessments, practical support and advice, training and consultancy in response to your and your child's needs.</p>	Contact for details	Early Years ✓ Primary KS1/2 ✓ Secondary KS3 ✓ (up to 12)
<p>Carers MK</p> <p>Website: www.carersmiltonkeynes.org</p> 	<p>Carers MK has support groups, specialist training and social events to help and support carers in their caring role.</p> <p>Carers MK Support: Adult and parent carers Young adult carers Young carers</p>	Free	Early Years ✓ Primary KS1/2 ✓ Secondary KS3/4 ✓ Post 16 ✓ Up to 25 ✓

<p>Children and Families Practice (CFP)</p> <p>Website: https://www.milton-keynes.gov.uk/children-and-families-practices-central-north-south</p> 	<p>Early help for children/young people and their families when they need it most, in the Central area of Milton Keynes.</p> <p>Children and Families Practices (CFPs) aim to make sure that children (up to 25 years old) and their families receive the right level of support when they need it most.</p>	Free	<p>Early Years ✓ Primary KS1/2 ✓ Secondary KS3/4 ✓ Post 16 ✓ Up to 25 ✓</p>
<p>National Autistic Society</p> <p>Website: https://www.autism.org.uk/</p> 	<p>For parents of autistic children, young autistic people and autistic adults.</p>	Free	<p>Early Years ✓ Primary KS1/2 ✓ Secondary KS3/4 ✓ Post 16 ✓ Up to 25 ✓</p>
<p>PACA MK</p> <p>Phone: 07852 526057</p> <p>Email: pacamk@gmail.com</p> <p>Website: https://pacamk.org/</p> 	<p>PACA is an independent forum for parent carers of children and young people with disabilities or additional needs who live in the city of Milton Keynes, influencing change by representing what matters to SEND families in MK . We share our experiences with decision makers to bring about real change to develop local services and to make lives better for our families by holding Coffee mornings to meet other parents, focus groups to share your views and publish reports on the issues parents raise.</p>	Free	<p>Early Years ✓ Primary KS1/2 ✓ Secondary KS3/4 ✓ Post 16 ✓ Up to 25 ✓</p>
<p>Parent Support Group run by Service Six</p> <p>Phone: 07850 916600</p> <p>Website: www.servicesix.co.uk</p> 	<p>3rd Wednesday of every month at Chapter Community Centre</p>	Contact for details	<p>Early Years ✓ Primary KS1/2 ✓ Secondary KS3/4 ✓ Post 16 ✓ Up to 25 ✓</p>
<p>MK Children and Family Centres</p> <p>Website: https://www.milton-keynes.gov.uk/children-young-people-and-families/children-and-family-centres</p> 	<p>Children and family centres offer support and activities for families across Milton Keynes. These centres are hubs of activities and services for families and the local community</p>	Free (some activities may have a cost)	<p>Early Years ✓ Primary KS1/2 ✓ Secondary KS3/4 ✓ Post 16 ✓</p>
<p>Milton Keynes Local Offer</p>	<p>Special Educational Needs and Disabilities (SEND) Local Offer is</p>	Free	<p>Early Years ✓</p>

<p>Website: www.milton-keynes.gov.uk/MKSEND Website: www.milton-keynes.gov.uk/MKSEND</p> <p>MK SEND Local Offer Facebook www.facebook.com/MKSEND</p> 	<p>an online service which provide information about how Milton Keynes supports children and young people with SEND. The website contains information on -</p> <ul style="list-style-type: none"> • Education and SEND • Early Years • Support for young people and preparation for adulthood • Leisure and things to do • Health conditions and disabilities • Education, health and care plans (EHCPs) • Social Care • Programmes and workshops • Working together/co-production <p>It also includes a calendar of local events and a SEND directory.</p>		<p>Primary KS1/2 ✓ Secondary KS3/4 ✓ Post 16 ✓ Up to 25 ✓</p>
<p>SEND Newsletter and how to sign up</p> <p>Website: https://www.mkseendlocaloffer.co.uk/education-and-send/what-send-team-does/send-newsletter</p> 	<p>Milton Keynes SEND team and Parents and Carers Alliance (PACA MK) work together to produce a half termly SEND newsletter.</p>	<p>Free</p>	<p>Early Years ✓ Primary KS1/2 ✓ Secondary KS3/4 ✓ Post 16 ✓ Up to 25 ✓</p>
<p>SENDIAS</p> <p>Telephone: 01908 254518 from 10am to 3pm, Monday to Friday (answer phone facility).</p> <p>Email: contact@mkseendias.org.uk</p> <p>Website: www.mkseendias.org.uk Website: www.mkseendias.org.uk</p> 	<p>MK Special Educational Needs and Disability Service (SENDIAS) is a statutory service offering confidential and impartial information, advice and support to children and young people with additional needs and their parents/carers. Their remit covers education, health and social care between the ages of 0 - 25.</p>	<p>Free</p>	<p>Early Years ✓ Primary KS1/2 ✓ Secondary KS3/4 ✓ Post 16 ✓ Up to 25 ✓</p>
<p>SEND Team Support Line</p> <p>Phone: 01908 657825</p> <p>Email: sendsupport@milton-keynes.gov.uk</p> 	<p>A telephone and email support service to provide information and signposting related to the education of children and young people within MK.</p> <p>Open Term Time - Monday to Friday, 9:30 – 3:30. Reduced hours during school holidays.</p>	<p>Telephone call rates (local rates if on landline, check with service provider if from a mobile)</p>	<p>Early Years ✓ Primary KS1/2 ✓ Secondary KS3/4 ✓ Post 16 ✓ Up to 25 ✓</p>
<p>Service Six</p> <p>Phone: 01933 277520</p>	<p>A children's and young people's charity focussing in mental health and well being.</p>	<p>Free (some activities)</p>	<p>Early Years ✓ Primary KS1/2 ✓</p>

<p>Website: www.servicesix.co.uk Website: www.servicesix.co.uk</p> 		may cost)	Secondary KS3/4 ✓ Post 16 ✓ Up to 25 ✓
<p>Spectrum</p> <p>Website: https://spectrum.org.uk/</p> 	<p>Spectrum is a multi-award winning, parent-led children's charity who provide events, sessions, and support for families of children with Autism, additional needs, learning difficulties, and disabilities.</p>	<p>Membership is free, activities may cost.</p>	Early Years ✓ Primary KS1/2 ✓ Secondary KS3/4 ✓ Post 16 ✓ Up to 25 ✓
<p>YiS Young People's Mental Health Education, Outreach and counselling.</p> <p>Phone: 01908 604700</p> <p>Email: info@mkyis.org.uk</p> <p>Website: www.mkyis.org.uk Website: www.mkyis.org.uk</p> 	<p>YiS is a charity that works in MK to help young people as well as the people who support them.</p>	<p>Free</p>	Secondary KS3/4 ✓ Post 16 ✓ Up to 25 ✓

Glossary of terms

AAC – Augmentative and Alternative Communication

Academy School – Run by not-for-profit academy trusts and are independent of the Local Authority.

Access Arrangements - are the provisions made for candidates, agreed before they take an assessment, to ensure that they can be validly assessed and not unfairly disadvantaged due to a disability, temporary illness or injury or if their first language is not English.

ADD – Attention Deficit Disorder

ADHD - Attention Deficit Hyperactivity Disorder

Annual Review – Parents of children with an EHCP will have a meeting every year to discuss their child's progress, provision and next steps.

Area of Need – The SEND Code of Practice identifies four broad areas of need: communication and interaction, cognition and learning, social, emotional and mental health difficulties and sensory and/or physical needs

ASC – Autism Spectrum Condition

ASD - Autism Spectrum Disorder

CAMHS – Children and Adolescent Mental Health Service

CYP – Children and young people (YP) Young people

DfE – Department for Education

DLA – Disability Living Allowance

EAL – English as an Additional Language

EHCNA – Education and Health Care Needs Assessment

EHCP – Education Health Care Plan

EPS – Educational Psychology Service

EY – Early Years

EYFS – Early Years Foundation Stage

LSA – Learning Support Assistant

Mainstream School – A school teaching pupils of a wide range of abilities and aptitudes, it is not a Special School or Pupil Referral Unit

Maintained School – these are community schools run by the Local Authority.

Mediation and Mediation Advice – A more informal way of trying to settle a dispute between a parent or young person and the local authority.

OfSTED – Office for Standards in Education

OT – Occupational Therapy

PACA – **P**arent and **C**arers **A**ssociation

PECS – Picture Exchange Communication System

PR- Parental Responsibility

PRU – Pupil Referral Unit

Reasonable Adjustments – a school considering in advance what they will do to ensure that a pupil with a disability will not be disadvantaged by their needs and will be able to access and participate in the education that is provided to all pupils.

SaLT – Speech and Language Therapy

SEND – Special Education Needs and Disabilities

SENDIAS – Special Educational Needs and Disability Information Advice and Support Service

Special School – A school which specialises in an area of special educational needs.