



Find out more

If you are a professional and want to know more about our Young Carers service, visit carersmiltonkeynes.org



Carers MK
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milton keynes council



CarersMK

**Are you a professional
working with a young person
who may be a young carer?**












**Contact Carers MK for more
information: 01908 231703**





A young carer is a child or young person aged between 8-19 who cares for a family member due to disability, illness, long term condition, poor mental health and/or addiction

We aim to tailor the support we offer to each young carer registered with us. This may include:

-  1-1 sessions with an experienced support worker
 -  Peer support through term time youth clubs
 -  Activities, outings and trips during the school holidays
 -  Targeted support groups focusing on the needs of the young carer
 -  Information, guidance and signposting to other organisations
 -  Support in schools including drop-in sessions, assemblies and young carer groups
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How does it work?

A referral is made to us by a professional who is supporting the young person or the family.



We will arrange to contact the young carer and their family to provide information about our services and hear more about their caring role.



As a team, Carers MK will discuss the best level of support we can provide.



The family will receive a welcome email to confirm their registration and the support available for the young carer.

